

The Love of God

A Reflective Guide

God is love. Not merely something He does — it is who He is. His mercy, patience, forgiveness, and grace all flow from His very nature. If you want to know what love truly is, begin with God, for He is the source. And the closer we walk with Him, the more His love begins to shape how we think, speak, forgive, and treat the people around us.

This little guide is an invitation to slow down, sit with a few verses, and let God's love examine — and fill — your heart.

What the Word Says

1 John 4:7–8 (KJV)

“Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God. He that loveth not knoweth not God; for God is love.”

1 John 4:7–8 (easy to understand)

“Dear friends, let us love one another, because love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love.”

John 13:34–35 (KJV)

“A new commandment I give unto you, That ye love one another; as I have loved you... By this shall all men know that ye are my disciples, if ye have love one to another.”

A Heart Inventory

When love is hard, the first place to look is inward. If you find you're struggling to love, it isn't a reason for shame — it's a gentle signal to draw closer to God. Sit quietly with these questions, and be honest with the Lord.

- Am I loving the way God asks me to?
- Am I walking in grace and mercy — or in judgment?
- Am I quick to forgive, and quick to let go of what doesn't really matter?
- Do I treat others with compassion, kindness, and love?
- Do I try to see things from another person's point of view, or only my own?
- Do I have to be right?
- Do I let things go, or do I hold on to them?

Where is God asking His love to grow in me today?

Loving Like God

You cannot give what you do not have. Love flows out of us only because His love first flowed into us. So when love runs low, the answer is never simply “try harder” — it’s “come closer.” Spend time with Him, and His love begins to pour through you onto everyone you meet.

One person God is putting on my heart to love today:

One way I can show them patience, kindness, or grace:

A Prayer

“Father, thank You that You loved me first, right where I am. Teach me to love the way You love — patient, kind, forgiving, and full of grace. Let Your love become so real in me that when people meet me, they catch a glimpse of You. In Jesus’ name, amen.”

“We love him, because he first loved us.” — 1 John 4:19 (KJV)